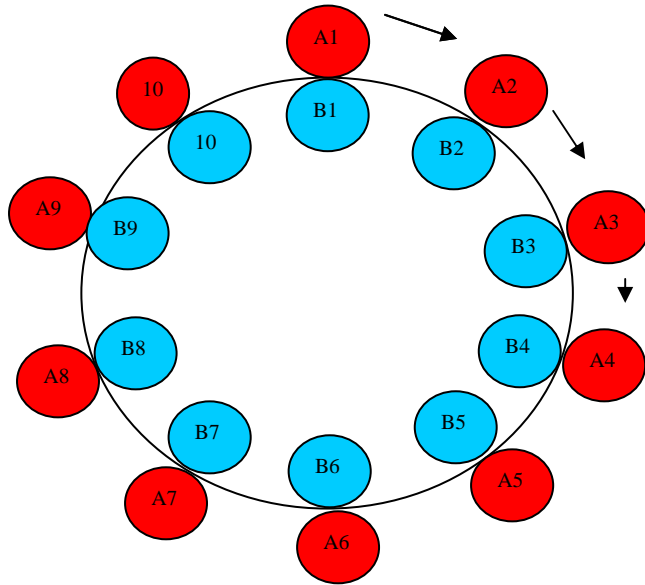
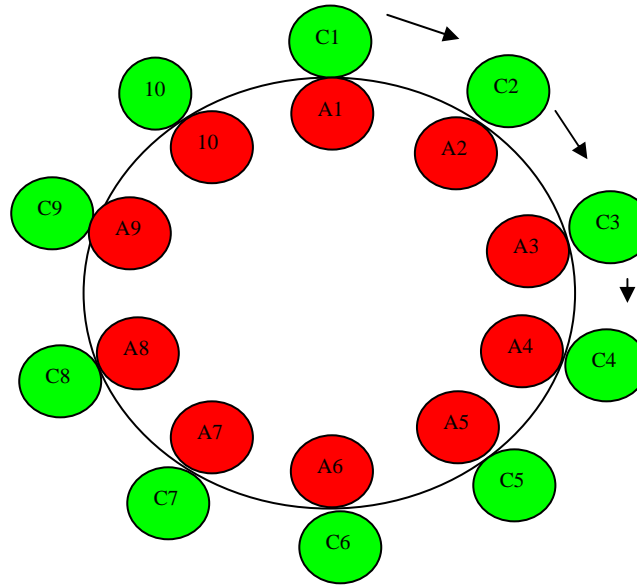


# NETWORKING SESSION FORMAT

**ROUND ONE**



**ROUND TWO**



**INSTRUCTIONS**

**Circle Formation**

**Round One:**

Participants seated in the outer ring (A) move one space to the right every 6 minutes.

Participants in the inner ring (B) remain seated for the duration of the round.

**Round Two:**

Participants seated in the outer ring in round 1 now move to the inner stationary ring and remain seated.

Participants previously in the inner stationary circle now move on to a new circle/table/unit.

**Row Formation**

Participants may also be seated in rows with only one side moving seats every 6 minutes.

**Use ushers to direct participants from the end position in the row or between tables.**

**Use a timekeeper and signal the end of each 6-minute period.**

**Provide visible discussion prompts such as a presentation slide.**

**Ensure there is adequate space between pairs to allow your participants to hear each other.**

**Provide refreshments for each pair.**

**Break the session into two parts with a rest break.**

**Provide slow networking opportunities after the event to facilitate ongoing discussion.**

